



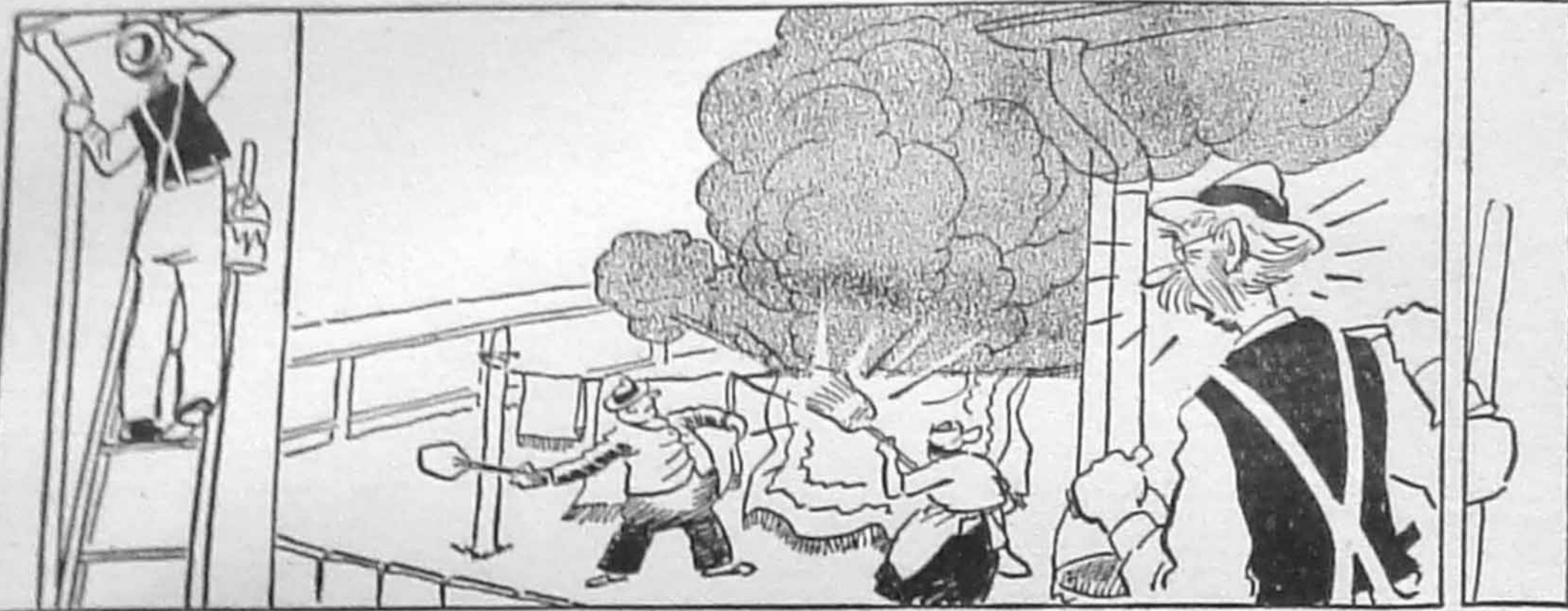


# OUR COMIC SECTION

PETER B. PEEVE

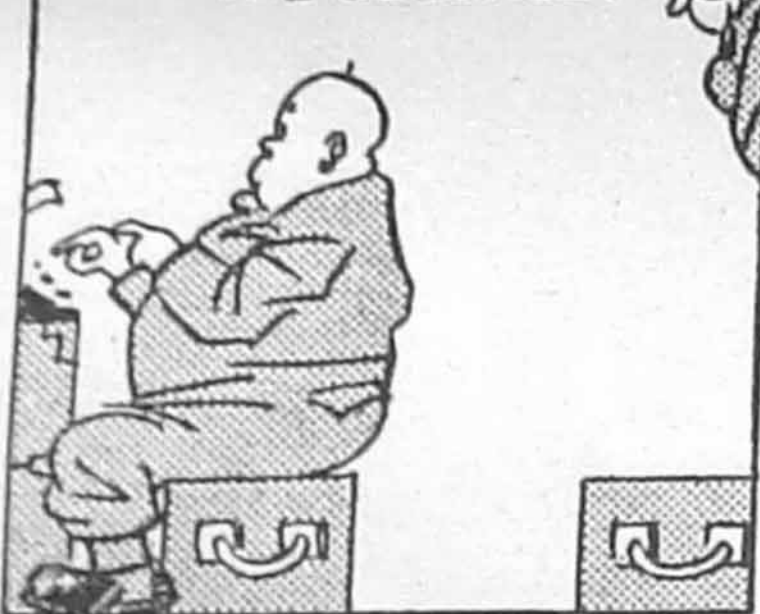


(WNU Service)



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I WANT TO SEE THE COLONEL!



TAKE A SEAT!



I SUPPOSE YOU KNOW I'M THE BRIGADIER?



OH! IN THAT CASE, TAKE TWO SEATS!



By J. Millar Watt

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POPPER MEANS

NO EXAGGERATION

ONLY TOO GLAD



The old man loved to spin a yarn around the general store store.



Friends—Don't bother seeing us to the door.

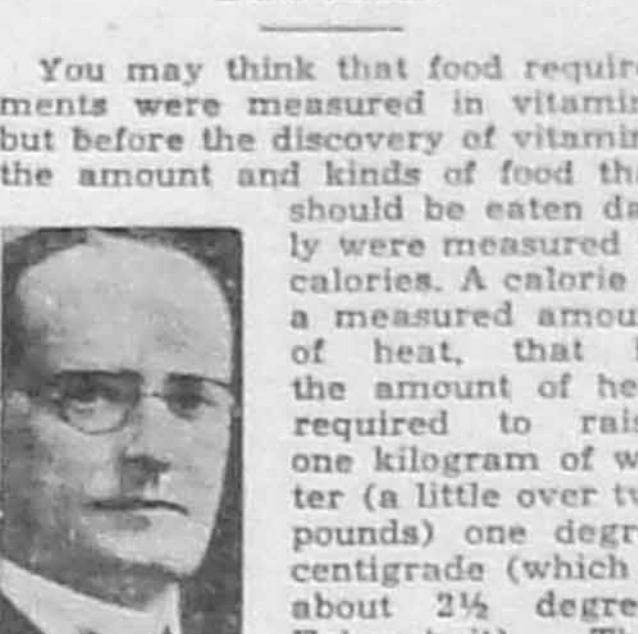
See the Light Harry—Did you hear about the fellow who stayed up all night to figure out where the sun went when it set?

Yes—What about him? Harry—It finally dawned on him.

TO YOUR Good Health by DR. JAMES W. BARTON

Released by Western Newspaper Union.

HOW MUCH FOOD SHOULD YOU EAT?



Dr. Barton

You may think that food requirements were measured in vitamins but before the discovery of vitamins the amount and kinds of food that should be eaten daily were measured in calories. A calorie is a measured amount of heat, that is, the amount of heat required to raise one kilogram of water (a little over two pounds) one degree centigrade (which is about 2 1/2 degrees Fahrenheit).

Thus the average diet was made up of one part protein—meat, eggs, fish, two parts fats—butter, cream, fat meats and four parts starches—bread, potatoes, fruits and vegetables. In calories this would mean about 400 of proteins, 800 of fats and 1,600 of vegetables and fruits daily for average man doing some work daily. This method of calorie measurement is still in use.

In an article on nutrition in the Journal of the American Medical Association, Drs. Eugene F. DuBois and William H. Chambers, New York city, state:

The amount of heat given off by the resting man of average size (at complete rest and no digestion going on) is about equal to the heat of a 60-watt electric bulb or the flame of an alcohol lamp about one inch high. A man exercising hard equals the heat of 10 such lamps. As most of us are not at complete rest all the time, nor are we working hard all the time, the amount of food needed will depend upon how much we rest and how hard we work. Thus one table of the number of calories needed by various trades is:

Men: Tailor, 2,600; bookbinder, 3,000; shoemaker, 3,100; cabinet-maker, 3,500 to 3,600; stone mason, 4,700 to 5,200; wood sawyer, 5,500 to 6,000. There are other trades such as moulders or foundrymen, stokers, molten metal workers and others where 6,000 calories are needed daily.

Women: Stenographer or office worker, 2,000 calories; seamstress with hand needle, 2,000; seamstress with machine, 2,100 to 2,300; book-binder, 2,100 to 2,300; washer-woman, 2,500 to 3,200; washer-woman, 2,900 to 3,700.

## Facts About Acne, Pimples

Although the various methods of treatment help many cases of acne (pimples), the actual cause of acne is not fully known. Because it occurs at or near the age of puberty, most physicians believe that acne is in some way connected with the changes in the glands which causes boys and girls to emerge into men and women.

In the Journal of Clinical Endocrinology, Dr. Hamilton, Yale medical school, reports results in cases where he was able to bring on acne in certain individuals. He found that giving the hormone or extract of the male sex gland to boys who had not reached puberty, some of them developed blackheads, pimples, with and without pus formation. When the treatment with the sex hormone was stopped, the pimples became smaller and disappeared. When given again, the pimples returned.

This does not mean that this gland extract is the only factor entering into the cause of acne as diet, heredity, and infection may also be factors. However, despite other factors, the pimples appeared only when the sex hormone was given. "There seems to be something in this male hormone substance that stimulates the sebaceous or oil glands of the skin."

For this reason, Dr. Hamilton suggests that as there is some relation between the thyroid gland—the master gland of the body—and the sex glands, there is logical reason for the use of desiccated thyroid gland extract in cases of acne at the time of puberty. The thyroid extract checks any excess of oil pouring out from the oil glands on the skin and stimulates the skin cells to a more normal activity. The thyroid extract stimulates all the body processes and therefore the skin. Excellent results have been obtained by using viosterol by mouth and also by the use of injections of pituitary extract. As with all extracts, this should be done under supervision of a physician.

## QUESTION BOX

Q.—What causes ringing of the ears?

A.—Ringing of ears may be due to (a) partial closing of eustachian tube, (b) high blood pressure and (c) too much liquid in ear spaces.

Q.—What causes body odors?

A.—Body odors can be due to foods eaten, drugs taken, or may be natural in some individuals. Deodorants containing formaldehyde or aluminum are in general use. Kiehy is used in severe cases.

PATTERNS SEWING CIRCLE



1775-B



Versatile Suit

VERSATILE costume . . . with jacket, a good-looking casual suit ready for everything . . . without jacket, first rate for every active sport.

Barbara Bell Pattern No. 1775-B, designed for sizes 10, 12, 14, 16, 18 and 20. Corresponding bust measurements 28, 30, 32, 34, 36 and 38. Size 12 (30) ensemble requires 4 1/2 yards 39-inch material.



Butter will spread more smoothly and go further if a little hot milk is creamed with it.

A variety of play materials is essential for a child's all-around development. Toys are needed for vigorous physical activity, for manipulative and creative play, and for dramatic play.

Use a stiff wire brush to remove crumbs and other particles from the burners of a gas or electric stove.

To remove a stain left by adhesive tape, apply kerosene, then wash the spot with warm suds.

A paper plate glued to the bottom of a paint can will catch all drippings from the can and serves as a rest for the paint brush besides.

When washing a coat sweater or cardigan, sew up the buttonholes to prevent stretching.

Mixed with salt, vinegar will clean discolored copper, brass and silver, and remove ink stains from the fingers. Diluted with water, it will clean gilt picture frames.

The gaily enameled unit insignia you see on a soldier's lapels and overseas cap are reproductions of his regimental shield displayed in the center of the eagle on his regimental flag. It's a part of U. S. Army tradition. Traditional, too, is the Army man's preference for Camel cigarettes. (Based on actual sales records from service men's own stores.) It's a gift from the folks back home, that always rates cheers. And though there are Post Office restrictions on packages to overseas Army men, you can still send Camels to soldiers in the U. S., and to men in the Navy, Marines, and Coast Guard wherever they are.—Adv.

Due to an unusually large demand and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers.

Send your order to:

SEWING CIRCLE PATTERN DEPT.  
329 South Wells St. Chicago, Ill.  
Enclose 20 cents in coins for each pattern desired.  
Pattern No. .... Size ....  
Name ....  
Address .....

Sergeant Crowler—\$5

Although about 90 per cent of the dogs in the United States are too small for war duty, their owners may contribute to the Dog War Fund of Dogs for Defense. A rating based on the contribution is given the animal, says Collier's. For example, \$1 makes it a private or seaman, \$5 a sergeant or chief petty officer, \$25 a colonel or naval captain and \$100 a general or admiral.

## WHY PUT UP WITH CONSTIPATION?

If you suffer from that common form of constipation due to lack of "bulk" in your diet, dosing yourself with harsh cathartics and laxatives will give you only temporary relief.

However, adding KELLOGG'S ALL-BRAN to your regular diet and drinking plenty of water will not only get at the cause of such constipation, but will correct it.

KELLOGG'S ALL-BRAN is a delicious breakfast cereal that, unlike medicinal purges, doesn't work chiefly on you—but works principally on the contents of your colon.

Try KELLOGG'S ALL-BRAN, eat as directed, see if it doesn't help you, too!

Huge Arctic Wolf  
The arctic wolf weighs five times as much as the Texas wolf.

## SNAPPY FACTS ABOUT RUBBER



Chewing gum and rubber tires have something in common. They both are the products of latex-bearing trees. The chicle later, from which chewing gum is made, has a high resin and low rubber content. Rubber latex has the reverse characteristics. Chicle and Castilloa rubber trees are found in much the same areas in Central America.

Synthetic rubber tires have been under tests by B. F. Goodrich engineers for close to a year. When synthetic rubber becomes available in sufficient quantities, farmers may expect such tires on their tractors.

A Russian rubber-bearing plant is now being successfully grown in the United States. Its value in the American rubber program, however, is still undetermined.

Tire retapping has proved its worth time value. But the retapping should be done before the tread rubber of the tire is completely worn.

Jersey Shore

In war or peace

B.F. Goodrich

FIRST IN RUBBER

HOUSEWIVES: ★ ★ ★

Your Waste Kitchen Fats

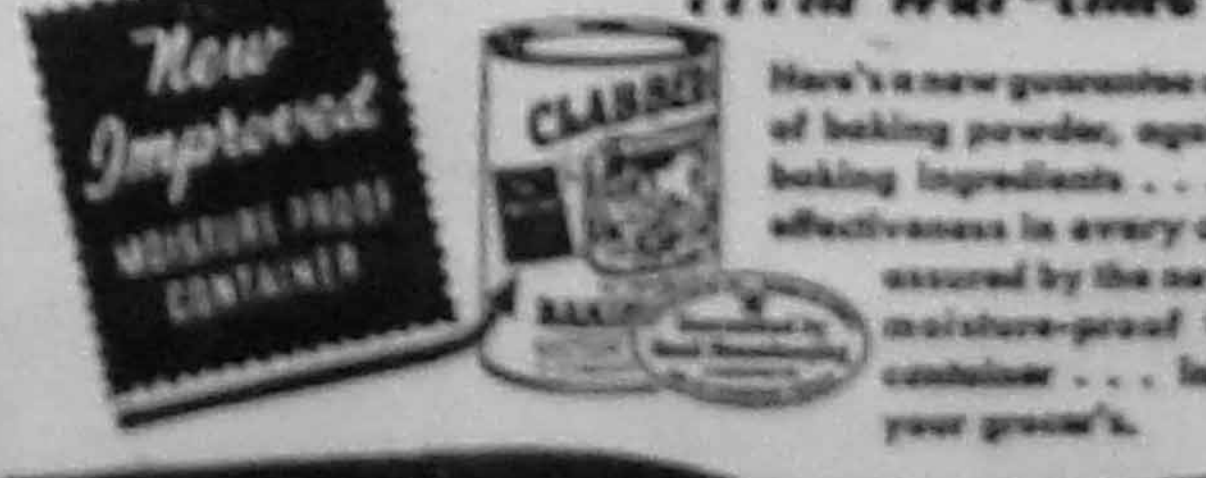
Are Needed for Explosives

TURN 'EM IN! ★ ★ ★

CLABBER GIRL Baking Powder

NOW in the New Economy

...in war-time baking



Here's a new guarantee against waste of baking powder, against waste of baking ingredients . . . Full baking effectiveness in every ounce is now assured by the new, improved, moisture-proof Clabber Girl container . . . in all sizes of your grocer's.



## GREENBANK

On Sunday morning at Liberty Church Joseph Oliver Harper, son of Mr. and Mrs. Barton Harper and L. C. McCutcheon, III, son of Mr. and Mrs. Clark McCutcheon, were baptized by the pastor, Rev. W. Hobart Childs.

Mrs. George Hannah, president of the Woman's Auxiliary of the Liberty Church, Mrs. C. A. McMillon and Mrs. W. Hobart Childs will represent the Liberty Auxiliary at the meeting of Presbyterian in Hinton on Tuesday and Wednesday of this week.

The Women's Auxiliary of Liberty Church has voted to change its regular meeting from May 15 to Friday evening, May 14, at 8:00 P. M. The meeting will be held at the church and Rev. Chester Smith of Bunker Hill, W. Va., will speak on Mexico. The program will be in charge of Mrs. Forrest Hedrick.

A large crowd attended the grade school operetta "Hansel and Gretel" on Thursday night. Between acts, Miss Olsen, our music teacher, was presented a bunch of lovely snapdragons, compliments of the operetta cast, and the High School Glee Club gave her a travelling makeup case.

Mrs. George Hannah returned on Thursday from Mississippi where she visited her sisters.

Mrs. R. B. Summerson, Mrs. Howard Hevener, Mrs. Neil Hevener and Mildred Hevener were visiting in Roanoke, Va., Friday and Saturday. Rev. Olsen and Miss Peggy Smith of Marlinton attended the operetta at Greenbank on Thursday night.

Mr. and Mrs. C. A. McMillon were guests of relatives in Hillsboro Sunday.

Mr. and Mrs. D. C. Harper of Mouth of Seneca were guests of their son on Sunday.

Mrs. Robert Patterson and daughter Barbara Kay of Marlinton, are visiting the former's parents Mr. and Mrs. John Matheny.

Clarence Flyn, who has spent the winter in Tennessee, has returned to his home here.

Mr. and Mrs. Grover Sheets, Mr. and Mrs. Winfred Sheets and Mrs. Loren Jordan and family were Sunday guests of Mr. and Mrs. Merritt Gum.

Loren Jordan, who left recently for the army, is stationed at Kearns, Utah with the medical unit. Clarence Taylor, with the navy, is on duty at Camp Peary, Va.

## DUNMORE

Jackie Miller entertained members of the Dunmore Mountaineers 4-H Club Wednesday night. Members present were Jo Betty Pritchard, Cora Sue McElwee, Wanda, Elyn Dorothy, Martha Jean, L. E. and Katherine Campbell, Billy Waugh, Johnny Hevener, Billy Brock, Alpha Mahaffey, Paul Gum and Jackie Miller and one visitor, Miss Elaine Gum of South Charleston.

Supper guests of Mr. and Mrs. H. M. Moore and Mr. and Mrs. U. F. McEwen and children Sue and Charles, Thursday evening were: Mrs. Paul Garber and children Jimmy and Jane of South Charleston, Miss Elaine Gum also of Charleston, Mrs. Herbert Taylor and son Sandy, of Chicago, Ill., and the Misses Dorothy, Martha and Katherine Campbell.

The Dunmore Farm Women's club met at the home of Mrs. F. C. Pritchard, April 28, with twelve members and one visitor present. The devotion was given by Mrs. R. M. Hiner. The lesson was "What Kind of Clothing Do We Need in War Time?" and was led by Mrs. Charles Pritchard. A home service "Random Harvest" was given by Mrs. John Pritchard. During the social hour games were played and refreshments were served at the conclusion. The May meeting will be with Mrs. E. M. Hiner.

The public meeting given by the Flying Eagles 4-H Club, Friday evening, April 30, was very well attended. A good incentive program to attract each club member took part and was well given. An interesting and inspiring talk was given by Mr. Ferguson on "Learning the Ways of the Mountain." After the meeting adjourned Mr. and Mrs. Ferguson talked with the club members and the women present were a great improvement to the home and club.

Mr. and Mrs. Joe Westmont and son and Mr. and Mrs. Hamilton Light and son of Dunmore, Md., spent each of last week with their parents, Mr. and Mrs. John Light.

Mrs. E. F. Taylor and Mrs. J. J. Bond attended the singing conference at Marlinton Friday night, April 30.

Mr. and Mrs. John McLaughlin attended the arrival of a new April 30, arrived Dunmore.

They have children of four years, the youngest and daughter, and the son, John.

Mrs. Barbara Taylor and son, Sam, of Chicago, are visiting with their parents.

## MAUREEN O'HARA HEADS GROUP OF STARS IN WLW PREMIERE OF NEW PICTURE



This charming star of the movies, Maureen O'Hara, along with Charles Laughton and a number of other Hollywood celebrities, will be in Cincinnati on May 7 to participate in the WLW World Premiere of the sensational new picture, "This Land of Mine", an RKO production.

The night preceding the premiere, Miss O'Hara and Laughton will participate in broadcast over WLW in which they will dramatize various highlights of the show.

## HILLSBORO NEWS

Miss Dorothy Hall returned from Baltimore where she has been spending the last few months with friends there.

Page Hamrick returned to Charleston to bring Catherine Hamrick home to recover from an appendicitis operation. She will return to Charleston in a few days.

Mrs. Arch Chestnut of Bell, spent the night with Mr. and Mrs. Hamrick and then went on to Marlinton to visit relatives there.

Pvt. Virgil Fowler, stationed in New York, spent the week-end with mother, Mrs. Fowler and family.

Pat Fowler, who is employed in Baltimore is spending a few days at his home here.

Cpl. Charles Callison returned to his camp in Florida after a visit here. Miss Betty Rogers spent Sunday with Margie Gabbert at Beard.

Misses Sylvia Barcroft and Betty Goodman spent Sunday afternoon with Dorothy Hollandsworth.

Hillsboro boys defeated Seebert boys Sunday afternoon in softball on the Hillsboro grounds.

Revival services were held at the Methodist church last week with Rev. Marshall as the preacher. The Men's Choir sang some very beautiful songs.

Mr. and Mrs. Friars and family spent Sunday with Mr. and Mrs. W. T. Walker.

Mrs. Rita Miller returned from Charleston Saturday where they visited relatives.

Carl Beard left Tuesday for Charleston, where he will take another examination for the Naval Training School. He passed the examination given by Mr. Johnston.

## Make Large Use of Wood To Replace Vital Steel

The War Production Board has published a booklet on Truck Use which gives some facts on the uses of wood in the war and which points out the importance of wood at this time. Some of the facts are:

Enough steel for 100,000 medium trucks is being saved through the use of wood as a substitute for critical materials.

More than a million and a quarter tons of paperboard will be used in 1943 for package food, supplies, and equipment for overseas shipment. This is the equivalent of 1,100,000 truck loads of goods.

Each Liberty cargo ship takes 200,000 board feet of lumber. Use of wood saves 100 tons of steel in each ship.

Half, most of it American, makes up one-third of the weight of all trucks and trucks and cars are 41 different types of products.

The use of wood in trucks is shown through illustrations given in a booklet which is a good guide which would be a great asset to the war effort.

Summed up, wood is a great asset to the war effort. It is a great asset to the war effort. It is a great asset to the war effort.

saving 42,000 tons of steel.

There are about 40,000 board feet of lumber in every C-62 "Commando" cargo plane.

An average New England spruce tree yields enough nitro cellulose to provide the powder for thirty-five 105 mm. shells or 7,500 Garand rifle cartridges.

Standard 2½-ton Army trucks now have all-wood bodies, 1,000 board feet in each.

Each deck of a big battleship takes 100,000 board feet of lumber — 10 carloads.

There is no doubt that these figures will make every Pocahontas county woodsman proud of his contribution to the war and the soldiers, sailors and marines can be sure that our woodsmen will do their best as individuals to keep the supplies rolling along.

## DURBIN-BARTOW

Mr. and Mrs. Joe Leader and son Buddy, of Frank, returned the past week from Charleston where they visited their son-in-law and daughter, Mr. and Mrs. Bud Blackhurst.

Mrs. J. C. Gum and Lelia Little were business visitors in Elkins Friday.

Mrs. Marvin Wimer and children, Joan and Rebecca, visited Mrs. Wimer's parents, Mr. and Mrs. Kenna Rexrode Sunday.

Mr. and Mrs. John Whanger of Ronceverte are spending a few days at the home of their son, E. C. Whanger.

Mrs. D. L. Snyder of Milton spent the week-end with her daughter, Mrs. Ted Fowkes.

Quentin Hull and sister, Millie, of Charleston are visiting at the home of their uncle, Dr. G. F. Hull, for a few days.

Stanley Slayton of Norfolk, Va., is visiting his mother, Mrs. Martha Slayton of West Durbin.

Mr. and Mrs. Chalmers Shrader of Cass were Sunday visitors at the home of Mr. and Mrs. Adam Collins. Guy Cassell of West Virginia University spent the week-end with his parents, Mr. and Mrs. Odie Cassell of Wanless.

John Snyder of the Coast Guards returned to his duties Friday after spending some time with his parents, Mr. and Mrs. Roy Snyder of West Durbin.

Mrs. J. A. Arbogast of Cambridge Springs, Pa., is visiting relatives in town.

Mrs. Leo Arbogast and children of Cambridge Springs, Pa., are visiting home for a few days.

Mrs. C. B. Beard of Thurmwood was a business visitor in town Monday.

Mr. and Mrs. Bert Shifflet, John Shifflet and family were recent visitors at the home of Mr. and Mrs. E. J. Shifflet.

E. J. Shifflet, who has been ill, is able to be on the street and to look after his garden.

to be on duty after an attack of rheumatism.

Miss Virginia Eagle of Monterey, Va., spent Sunday with Dot and Hazel Rexrode at Frank.

Allen Stewart of the U. S. Navy is spending a few days with his mother, Mrs. Lola Stewart.

Mrs. C. J. Beish continues ill at her home here.

Miss Rella Phares spent Sunday with home folks at Riverton.

Max Poscover returned Sunday and resumed his school duties as principal of the Durbin graded school on Monday. Mr. Poscover has spent some time in organizing the state physical fitness program.

Kyle Curtis and daughter, Pearl, of Marlinton, visited relatives in town Sunday.

## CASS NEWS

## Church Events

The Commissions of the Methodist Youth Fellowship met Tuesday with Nadine Shifflet and Evelyn Galford.

The Circles of the Ladies Auxiliary of the Presbyterian Church will meet Thursday with Mrs. Tim Kenealy, Mrs. Joe Nethken and Mrs. E. J. Shaffer.

A Mother's Day service will be given in the Methodist Youth Fellowship Sunday night, May 9. Gladys Mick will have charge of the program.

The 3 circles of the Women's Society of Christian Service met Wednesday with Mrs. Ray Loudermilk, Mrs. Jim Porter and Mrs. Wallace Dill, as hostesses.

The Methodist Church will have a special service Sunday morning, May 9, at 11:00 A. M. A number will join the church and there will be a communion service.

Rev. Hugh Jefferson and George Evans made a business visit to Staunton, Va., Monday.

M.isses Marguerite and Lucy Gray Scott, of Valley Head were visiting relatives here Sunday.

Miss Nellie Maude Smith and Miss Leeta Beard spent the weekend in Huntington. She was accompanied to Charleston by Mary Emma Smith and Dorothy Harouff.

Mrs. Norma Meeks spent several days in Stony Bottom last week.

Miss Margaret Irvine of Marlinton was home several days this week.

Mr. and Mrs. Rodney Doyle and son spent the weekend with her parents, Mr. and Mrs. W. G. Moss.

Miss Mary Ann Gillespie was the

"Belonging to the Day" many flight training at the Station at Fort, Indiana. While at Greenbank, Cadet Byrd was in the class of At the Pre-Flight School, included physical conditioning, essential of Naval service, ground school subjects, months of primary flying, additional months of advanced as an Ensign in the U. S. Marine Corps Reserve, and served by the new "Gold Wings" of a Naval.

## NEW METHOD CLEANS SEPARATOR TWICE DAILY IN 4 MINUTES



Washing the separator in the morning and merely rinsing it after the evening separation usually takes about—**15 MINUTES**

One of the least-liked farm chores is all but eliminated as the result of the development by Prof. A. W. Radnick, of Iowa State College, of a new method which makes it possible for the rural homemaker to wash her separator in only two minutes—four minutes a day. The best separator cleaning method used up to now takes at least six times as long, to say nothing of the drudgery involved.

The new method makes use neither of soap nor washing powder. Instead, it utilizes a "wetting agent" compound of the variety that have become so popular recently with housewives for many kitchen and bathroom chores. The wetting agent compound—and there are any number on the market—not only radically cuts down the time required to clean the separator but also does a much better job of cleaning than has been achieved heretofore. The new washing procedure calls for no special equipment, and requires only one pail of warm water solution which is also used to wash the pails, cans and other dairy equipment.

Full information concerning new method and complete details for using it may be had from National Cream Quality Program, 110 North Franklin Street, Chicago, Illinois.

## That Extra Something!

...You can spot it every time

WHETHER in a sport or anything else, you can always spot the fellow who has the edge. Just to drink ice-cold Coca-Cola is to understand why it is the best-liked soft drink on earth. Many make soft drinks. Only The Coca-Cola Company produces Coca-Cola. The finished art of long experience gives it exceptional goodness. This delicious drink offers a taste all its own. More than just quenching thirst, it adds refreshment... refreshment that goes into energy. The only thing like Coca-Cola is Coca-Cola, itself. You've found that out already, haven't you?

It's natural for popular names to acquire friendly abbreviations. That's why you hear Coca-Cola called Coke. Both mean the same thing... "coming from a single source, and well known to the community".



No need to tighten up over studies. A pause now and then for ice-cold Coke relaxes the tension—brings you back to the task refreshed.

**5¢**  
The best is always the better buy!



Accidents Since Pearl Harbor Take More Lives Than First World War

INCUMBENT OFFICIALS NOMINATED FOR JUNE 1 MUNICIPAL ELECTION

A public meeting was held in the county court room at Marlinton on Tuesday night, and a ticket was nominated for the municipal election to be held on June 1, 1943.

Temporary officer chosen for the business of the convention were Audrey E. Ferguson, chairman, and Mrs. Pearl Yeager, secretary.

The meeting resulted in the nomination of only one ticket, to be known as the Citizens Ticket, and comprising the incumbent municipal officers, as follows:

For Mayor—Carl L. Sheets.  
For Recorder—J. W. Hill.  
For Council—W. L. Davis, W. H. Bogast, J. W. Mason, Dice Grimes, and J. M. Bear.

One of the motions passed at the convention empowered the chairman of the convention to appoint a committee to fill any vacancies which may occur.

Great interest has been evidenced in the coming election, and only a handful of citizens were present at the meeting.

Martha Schofield Completes Basic Training

Martha Schofield, 32, daughter of Mr. and Mrs. Henson Schofield, Marlinton, West Virginia, has completed basic training in the U. S. Navy at the Naval Training School for Women on the campus of Iowa State Teachers College here.

During this class the school here has its transition from a general school to an institution for young women. Consequently, trainees remain in Iowa for further study actually taking over office duties releasing men for sea duty.

Graduation from a specialist course is eligible for professional ratings.

GRAND JURORS SUMMONED FOR JUNE COURT TERM

List of Grand Jurors summoned for the June term, beginning June 1, are as follows:

Marshall District: Paul D. Dale, W. F. Galt, W. H. Galt, W. F. Galt, W. F. Galt.

Edgar District: H. K. Bright, Oley Jackson, Dock Jackson.

Marshall District: S. I. Barlow, W. F. Galt, W. F. Galt, W. F. Galt.

Marshall District: W. F. Galt, W. F. Galt, W. F. Galt, W. F. Galt.

Marshall District: W. F. Galt, W. F. Galt, W. F. Galt, W. F. Galt.

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Marshall District: W. F. Galt, W. F. Galt, W. F. Galt, W. F. Galt.

Marshall District: W. F. Galt, W. F. Galt, W. F. Galt, W. F. Galt.

Marshall District: W. F. Galt, W. F. Galt, W. F. Galt, W. F. Galt.

A strictly American killer, treacherous as the Japs, took twice as many lives in this country during the fatal "Pearl Harbor year" as were lost during the entire first World War. The saboteur, Accident, home front's greatest enemy, caused 102,500 deaths and 350,000 permanent disabilities during 1941. Of those killed, 18,500 were farmers. Among all occupations, farm field work headed the fatality list. Carelessness and thoughtlessness in minor matters were the chief contributory causes of casualties among farmers.

These are the facts on which farmer-born T. A. Erickson, who knows farms as Tiffany knew jewels, bases his new book, "Safety for the Farm and Home Front."

Erickson, "Dad," as he is known to thousands of Minnesota farm boys and girls, a pioneer in practical education for rural youth and for years a state 4-H Club leader of the University of Minnesota's Department of Agriculture, believes, "Less thought has been given to accident prevention in farming than in any other occupation."

In his "Safety for the Farm and Home Front," published by General Mills, Inc., where he is now Consultant in the Department of Public Services, "Dad" gives complete guides to be used by rural youth groups to help prevent accidents. Without a wasted word the famous club leader goes into every possible accident—

from using a staff instead of trust to lead a bull, to boiling home canned meats before serving. Each article is designed as a basis for discussion among Rural Scouts, 4-H Clubs, Future Farmers of America, and other groups.

"Safety for the Farm and Home Front" is not one of those youth-repelling "do and don't" manuals. Written in a sprightly, easy-to-follow style, much of it is in the popular quiz form. Sometimes "Dad" waxes tolerantly satirical to drive home a point. For instance, to help people become safety minded he includes a homily he entitles simply,

HE FORGOT

"He brushed his teeth twice a day. The doctor examined him twice a year. He wore rubbers when it rained. He slept with the windows open. He stuck to a diet with plenty of fresh vegetables. He relinquished his tonsils and traded in several worn out glands. He golfed, but never more than 18 holes. He never smoked, drank, or lost his temper. He did his daily dozen daily. He got at least eight hours sleep every night. The funeral will be held next Wednesday. He had forgotten about trains at grade crossings."

PRICE LISTED AS DELINQUENT

Norman Arthur Price, Durbin, has failed to give proper change of address and appear for examination, and is directed to report, by mail, or telegraph, or in person, at your own expense, to this local board, on or before 11:00 A. M., on the 13 or 15th day of May, 1943.

Failure to report on or before the day and hour specified is an offense punishable by fine or imprisonment or both.

RATION BOARD NO. CHANGED

Due to a state-wide change in the numbering system of local rationing boards, the Pocahontas County War Price and Rationing Board will be Board No. 35-38.1 instead of Board No. 224.

Marlinton High Student Captures State Essay Contests

Regulation from Charleston Gazette.

Names of the winners were announced by Essay Chairman Mabel Kraft, South Charleston. Prizes in the state contest will be awarded on June 25 at a state convention of the essayists.

State judges were: W. H. S. White, president of Shepherd State Teachers' college; Anthony Ferguson, editor of the Marlinton Journal; Rev. O. H. Galt, South Charleston; and C. B. Caldwell, official of Ford Bacon and Stone.

Judges in the Charleston city contest included: Dr. Robert L. Lister, South Charleston; and Miss L. L. Lister, South Charleston.

Judges of the South Charleston contest were: Frank Thompson, Captain; and Robert L. Lister, Captain.

Judges of the Marlinton contest were: Frank Thompson, Captain; and Robert L. Lister, Captain.

Judges of the Marlinton contest were: Frank Thompson, Captain; and Robert L. Lister, Captain.

Judges of the Marlinton contest were: Frank Thompson, Captain; and Robert L. Lister, Captain.

OUR DEMOCRACY—by Mat

WE MUST WORK HARDER, LIVE MORE SIMPLY—



BEFORE CANNED FOODS WERE INVENTED, AMERICANS—RICH AND POOR—MADE THEIR OWN GARDENS AND "WINTERED THROUGH" ON SIMPLE FARE, CHIEFLY SALT PORK, CORN BREAD AND POTATOES.



AGAIN WE NEED TO PLANT OUR OWN GARDENS... TO PRESERVE WHAT WE CAN FOR NEXT WINTER'S USE... TO ASSURE AMPLE FOOD FOR OUR FIGHTING MEN, SUFFICIENT FOOD FOR OURSELVES...

TO HELP WIN THE WAR.

Geological Survey Issues Ohio River Basin Report

The United States Geological Survey in cooperation with West Virginia and other eastern states, has released its report on the Ohio River Basin. This report is one of a series of fourteen on the "Surface Water of the United States," and should prove helpful to industries seeking suitable locations for plants requiring abundant water supply.

Made in cooperation with the West Virginia Geological Survey and Public Service Commission; and agencies of other States, the report consists of records of stage, and measurements of discharge of the Monongahela, Allegheny, Big Sandy and other tributaries of the Ohio. It also includes general information used to supplement the records of stage and discharge measurements in daily flow of these rivers.

The data have been collected and recorded at various gaging stations established at strategic places along the banks of the Ohio, its tributaries, and their tributaries. The kind of gage used at each station, the latitude and longitude of its location, and other information concerning conditions which cause the river to rise or fall, or flow swiftly or slowly are described.

This report coupled with the W. Va. Geological Survey's publication of H. M. Erskine's report on the "Surface Water Supply of West Virginia," should be valuable references for anyone faced with water supply and other hydraulic problems.

Three Navy Bombers Forced Down Here

A stir of excitement swept over Marlinton last Sunday evening when three large Curtiss-Wright Navy dive bombers encountered weather-heads and fog in the Pocahontas mountains and were brought to a forced landing on the Marlinton airport.

According to various reports, the young aviators who were ferrying the bombers across this area, became lost in the difficult weather, and finally sighted Carl L. Sheets, Marlinton's flying mayor and business man, who was aloft in his private plane, and they followed him to the airport.

Hundreds of local citizens hurried to the landing field to view the fighting planes, quickly congesting the road and swarming over the field.

At the Journal's press time, the Navy pilots were still grounded here due to the soggy condition of the airport field following heavy rains. It was rumored that it might be possible the planes would have to be dismantled and trucked to the Elkins airport before they could continue the flight to their destination.

The Navy fliers have been guests at the Rexrode Tourist home during their stay in Marlinton.

Report Survey For Army Encampment In County

Although no official confirmation has been given, there has been much talk in Marlinton recently concerning reported visits of U. S. Army officers purported to be contemplating the establishment of an Army center in Pocahontas county. The reports have stated that the officials were investigating, railway, hospital, land area, and other facilities for the accommodation of several thousand soldiers who would be given instruction in mountain warfare in this vicinity.

"Golden Horseshoe" Winners Are Announced

Winners in the county's West Virginia Club "Golden Horseshoe" contests were announced here this week as follows:

Max White, first; Joan Overholt, second; Darius Moore, third, all pupils of Miss Lucille Gibson's eighth grade at Marlinton graded school, and Mary Hunter of the Greenbrier Hill colored school.

The board which graded the contestants was composed of H. Arnold Yeager, principal of Marlinton high school, and Reed Davis and Jack Richardson, high school teachers.

The examination pertains to the history and geography of the state. It also was announced that winners will not go to Charleston for awards this year, as has been the custom, and that the trophies will be presented at the graduation exercises of the various schools.

Cooperative Asks Key Distributors Be Reclassified

A resolution, passed by the board of directors of Southern States Cooperative, requesting the classification of irreplaceable key men engaged in the distribution of farm production supplies into a deferred draft class "in order to avoid a complete breakdown in the furnishing of essential production supplies to farmers" has just been sent to War Manpower Commissioner Paul V. McNutt.

This resolution has also gone to Major-General Lewis B. Hershey, Director of Selective Service, and Chester C. Davis, Food Administrator, according to a statement made today by W. G. Wysox, Richmond, Va. general manager of the cooperative, an organization of 141,225 farmers in Virginia, West Virginia, Maryland, Delaware, and North Carolina.

"The production of food and fibre is recognized as an essential element in the prosecution of the war, and the manufacture, processing, and distribution of farm production supplies is a vital prerequisite to such production," the resolution points out. "The key men involved in such distribution are not merely purveyors, but are in fact agricultural specialists and technical advisers to farmers, and must be possessed of special training, skill, and technical ability, to a degree which is not generally available, and which in fact makes such men irreplaceable under present circumstances."

The resolution takes cognizance to the fact that to some extent key men engaged in the manufacture and processing of food have been granted deferment, but the same consideration has not been extended to men in the field of the distribution of supplies.

Groups of key men engaged in the distribution of farm production supplies who are listed in the resolution as irreplaceable include those embracing district supervision, local managers in charge, and proprietors. The manufacture and processing of essential production supplies for farmers are "futile aids to production, unless supplemented by efficient distribution," the resolution declares. "A breakdown in any link of the chain of service in farm production supplies will seriously impede farm production."

C. & O. Railway Co. Announces Promotion For Many Employees

Promotion of Leonard B. Allen to Assistant Vice-President - Assistant to the President of the Chesapeake & Ohio Railway Company has been announced by Carl E. Newton, President of the road. Prior to this appointment, and since May 1, 1940, Mr. Allen served the C. & O., Nickel Plate and Pere Marquette railroads in the capacity of Assistant to the President.

Appointment of John B. Parrish, of Richmond, Va., as Vice President of the Chesapeake & Ohio Railway Company was announced following the organization meeting of the Board of Directors, held in Cleveland. Mr. Parrish had been Assistant Vice President of the road since 1926. In that capacity, he had jurisdiction over the safety activities of the company and had charge of personnel relations.

Clyde Bertram Hitch, Superintendent Motive Power of the Chesapeake & Ohio Railway Co., has been appointed Chief Mechanical Officer, with headquarters at Richmond, Va., Carl E. Newton, President of the road, announced today.

In his new position, which became effective May 1, Mr. Hitch will have general charge of the mechanical forces engaged in the design and the maintenance of equipment.

Simultaneously with the promotion of Mr. Hitch, the Nickel Plate and Pere Marquette, two other component roads of the C & O Lines, announced appointments of Chief Mechanical Officers for their respective properties. They are, respectively, Thomas C. Shortt, formerly Superintendent Motive Power of the Nickel Plate, at Cleveland, O., and Richard J. Williams, formerly Superintendent Motive Power of the Pere Marquette, at Detroit, Mich.

J. Fred Andrews, Assistant Comptroller of the Chesapeake & Ohio, Nickel Plate and Pere Marquette railroads, was today appointed Comptroller of the three lines, succeeding, in that post, E. M. Thomas who was elected Vice President of the C & O Lines last month.

Harry L. Lebkueh, General Auditor of the Nickel Plate, was advanced to the office of Assistant Comptroller of the three roads.

IT Impresses ME

THAT while we appreciate the comments that this weekly skit has brought us, and the kindness which has prompted some of you to say you miss it when it's omitted... that you'll forgive us for not writing one this week... we're trying to help the M. H. S. seniors have a yearbook—and we're snowed under!... —The Editor.

Your Scrap Needed For Nation's Scrap

At a meeting of the County Salvage Committee last Friday evening, in charge of Z. S. Smith, Jr., chairman, plans were formulated to renew efforts in Pocahontas county to gather in the scrap which is so desperately needed in the nation's war program.

Guy R. Faulkner was asked to secure funds through donations to underwrite the project; Mrs. Grady Moore and Miss Margaret Irvine were appointed to compile a list of persons who will consent to donate their scrap; prospects are that Oley Jackson will be in charge of gathering, weighing and shipping the junk; and state road commission trucks are to be made available for hauling the donated material without cost.

Thus the way is pretty generally opened for every person in the county to respond in some way—by gift of money or scrap material—to the most vital need of our country today.

Copper, brass, tin, heavy iron and other junk will be put into the guns and ammunition which the soldiers need. Boy Scouts, in charge of Jack Richardson, will gather clean tin cans if they are notified of their existence.

Apparently the only thing lacking to make this 1943 scrap drive a huge success is the part which all citizens will be expected to take—and that is to take the program seriously, to donate scrap—and do it now!

Large Group Leaves For U. S. Forces

Recent examinations resulted in the acceptance for the armed services of the following Pocahontas county men:

For the Army, to report to the Local Board at 10 a. m., Thursday, May 13, for transportation to the designated Reception Centers: Alfred B. Dilley, Leroy Burner, Wayne E. Hickman, Robert G. Wilfong, William R. Townsend, Norman C. Wilfong, Jr., Clyde Pugh, Franklin T. Starcher, Clarence E. Carpenter, Jr., Guy F. VanReenan, Everett W. Dilley, Jimmie R. Nelson, Amos R. Mace, Norman S. McClure, Beryl K. Sharp, Roy Lee Grubbs, Romie V. Underwood, Charles B. McLaughlin, Edmond H. Cromer, Ralph W. Stone, Oliver R. McPeters, Troy M. Helmick, Kenneth C. Beverage, Boyd H. Beverage, Gerald T. Vandevander, Richard A. Hedrick, George W. Ray, Eugene R. Hamrick, Norman R. Gaylor, Guy N. Dalton, Jr., and Elvern R. Totten—a total of 31 men.

For the U. S. Marine Corps, to report for transportation Friday, May 21: Ralph R. Boggs, George W. Tallman and Roy P. Simmons—3.

For the Navy, to report direct to Navy training stations—Jack McCauley, Cody B. Alderman, Harold M. McMillan, Uriah E. Wooddell, Earl F. Price, Stanley D. Mullenax, Oris U. Jackson, Roy G. Arbogast, Earl S. Moore, William S. Gibson, Leonard D. Galford, Cecil E. Mullenax, Crede T. Dunbrack, Clarence R. Davis, Eugene W. Townsend and William C. Sage—16.

FUNDS COMING IN FOR SERVICE HONOR ROLL

The funds for the erection of an Honor Roll board and to provide attractive certificates to mark the noble service of the men and women at arms in defense of the nation, are beginning to come in, it was reported this week by Edward W. Rexrode, secretary of the County Organizations Committee. He reported the following donations:

Business and Professional Women's Club \$5; Pine Grove school \$8; Dunmore school \$2; Mrs. Patay Anastasio \$50; Catherine Anastasio \$50; Aubrey and Alma Ferguson \$4; employees of International Shoe Company \$72.55; Ernest McClung \$1; Clawson school and community \$2.10.

Others desiring to make contributions should mail their gifts to Mr. Rexrode at Marlinton.

Uncle "Pud" Tucker — Says —

By HOY McCUSKEY

THE BIGGER THEY COME THE HARDER THEY FALL

A few weeks ago one of our town boys arrived home after lambasting the Japs in the Pacific. He wore the decorations given by his Government to heroes of the first water. We looked this chap over from top to bottom and from stem to stern. He explained in old

recipe: "Your hero always should be a giant." He proved to us that gameness knows no size. For instance, a pumpkin is far bigger than a cucumber, yet while the berry sticks until the last moments, the pumpkin is a soft yellow. The American soldier has demonstrated to the world that boys named under Old Glory know little or nothing about warfare, still they can go into the jungle, mountains, deserts or air and whip the tar out of their enemies and end brought up on the great rudiments of War.

BUY BONDS—WE MUST WIN THIS WAR

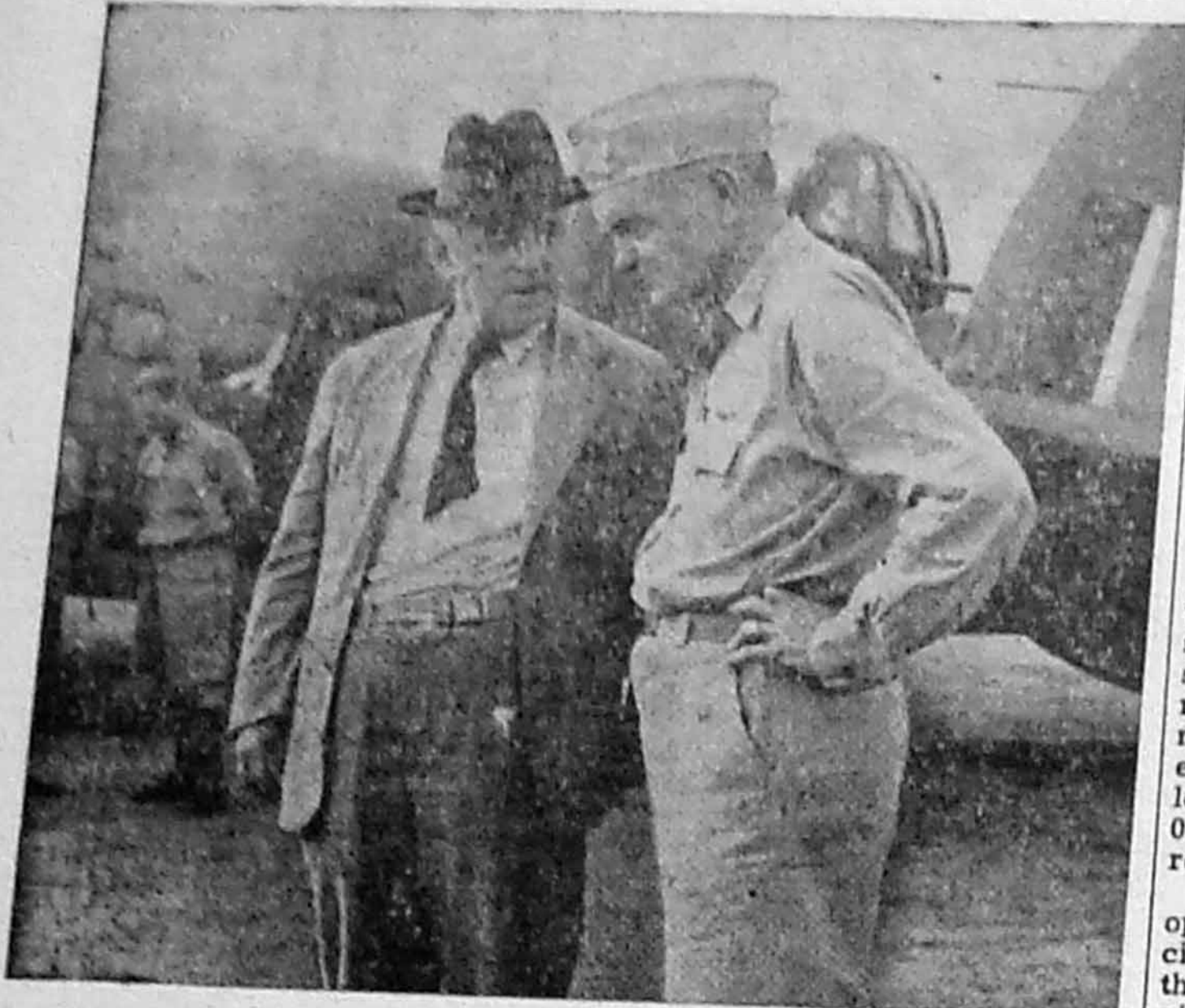




## WEEKLY NEWS ANALYSIS

## Allies Tighten Tunisia Trap on Axis; Russ Offensive in Caucasus Menaces Germans' Bridgehead at Novorossisk; FDR Envisions Postwar Youth Service

(EDITOR'S NOTE: When opinions are expressed in these columns, they are those of Western Newspaper Union's news analysts and not necessarily of this newspaper.)  
Released by Western Newspaper Union.



Adm. William F. Halsey, commander of the U. S. naval forces in the South Pacific (right) is shown as he conferred with Hon. Walter Nash, New Zealand minister to the U. S., following Nash's arrival at Allied headquarters recently. Nash visited Halsey during an inspection tour of Pacific Islands in which New Zealand troops are active.

### TUNISIA: Smooth Teamwork

Irresistibly the Allied offensive in North Africa had rolled on toward Tunis and Bizerte.

Like well-coordinated teams the various commands performed their tasks. Principal objective of the British First army had been the Axis last mountain barrier before the plain of Tunis in the Medjez-El-Bab sector. Chief assignment of Lieutenant General Patton's American troops had been the overwhelming of three enemy hill positions on the road to Bizerte. And although the American forces ran into heavy counterattacks in their enveloping tactics around Mateur and Tebourba, they had continued to drive ahead.

While these two strategic movements were being carried out as a prelude to a combined Allied assault, French troops in the south executed a maneuver that had cut the Pont-du-Fahs-Enfidaville road and exposed the flank of the Axis troops facing General Montgomery's Eighth army.

While the Germans faced the inevitable decision of final surrender or annihilation their commanders were using every possible device to slow down the Allied advance. Resistance against the British First army had stiffened sharply at the crest of Bou Aoukaz mountain, overlooking the valley to Tunis.

### RUSSIA: Battles in the Air

While Berlin reports announced that a large-scale Russian offensive had been undertaken against the Nazis' Kuban bridgehead in the Caucasus, Moscow communiques said that aerial fighting was the principal activity along the far-flung front.

This aerial activity had various significances on various sectors. In the Caucasus, the Russian strategy was to wear down Nazi air power and thus enhance the Red army's efforts at dislodging the Germans from their bridgehead around Novorossisk.

In east Prussia, Red aerial bombing assaults were directed at breaking up concentrations of German troops and supplies being prepared for Hitler's spring invasion.

### REFUGEES:

#### U. S.-Britain to Aid

Plans to ease the plight of war refugees in areas outside of occupied Europe and to reject any measures that might involve bargaining with Germany were believed by observers to have been embodied in a set of recommendations agreed on by delegates to the Anglo-American conference on refugee problems, held in Washington, D.C., recently.

Chairmen indicated that the conference's recommendations include the temporary relocation in Africa of 50,000 refugees now in neutral countries until the end of the war, as well as provisions for the feeding and care of refugees unable to leave their countries.

## HIGHLIGHTS . . . in the week's news

**CHINA:** Soviet military planes will be called upon to give one hour's service daily, without charge, to the Chinese in the hope of accelerating the annihilation of the Japanese. The Chinese government has announced.

**MEXICO:** A local newspaper, "El Sol," has announced that it will publish a special issue on the occasion of the 100th anniversary of the birth of Benito Juarez, the Mexican statesman and revolutionary leader.

**NEW YORK:** Paul Bernard, former French premier, has been named as a member of the National Council on Education, a body set up to study the needs of the war-affected youth.

**PARIS:** A local newspaper, "Le Petit Parisien," has announced that it will publish a special issue on the occasion of the 100th anniversary of the birth of Benito Juarez, the Mexican statesman and revolutionary leader.

**WASHINGTON:** The U. S. government has announced that it will publish a special issue on the occasion of the 100th anniversary of the birth of Benito Juarez, the Mexican statesman and revolutionary leader.

**NEW YORK:** A local newspaper, "The New York Times," has announced that it will publish a special issue on the occasion of the 100th anniversary of the birth of Benito Juarez, the Mexican statesman and revolutionary leader.

### WITHHOLDING TAX: Painless Extraction

Soothing words to taxpayers faced with rising federal levies were spoken by Chairman Doughton of the house ways and means committee who declared that the 20 per cent withholding provision of the pending pay-as-you-go tax bills "will not result in a single extra dollar being taken from the taxpayers' pocket-book."

"The proposed 20 per cent withholding is only a method of collecting currently all or part of the taxes imposed by the existing tax laws," he said.

Mr. Doughton said that from some persons will be withheld more than is needed to pay their taxes and from others, less. Refunds will be made later if too much has been withheld.

"All salary and wage earners will be called upon to file a regular income tax return on March 15," he said. "The amount which has been withheld from their wages will be credited against the actual tax owed."

### RUSS-POLES: Issue Is Territory

Territorial differences came to the fore as the principal issue at stake in the Polish-Soviet controversy, although the break in diplomatic relations had been caused by a demand of the Polish government-in-exile for an investigation of the alleged massacre by Russians of 10,000 Polish troops in the Smolensk region.

In a statement which neither opened nor closed the door to reconciliation, Premier Sikorski affirmed the Polish government's policy of aiming at friendly relations with Russia, but challenged the Soviet's right to claim the western Ukraine and western Belo-Russia.

The Poles demand a return of the eastern part of the territory they ruled before their 1939 collapse. The Russians who took this land over, and were in turn routed by the 1941 German invasion, say that the land is historically theirs.

Whether the controversy could be breached remained a problem for United Nations' chancelleries to worry about.

### ALEUTIANS: RCAF Joins Raids

American airmen keeping up their marathon bombing tactics in the Aleutians were joined by Canadian pilots flying U. S. Warhawk fighters in attacks on Jap-held positions on Kiska.

Whether the bombings were a softening-up prelude to American land and naval action against the Aleutians or a diversion to hamper enemy activity observers did not know. But they were unanimous in their opinion that any assault on the Jap-held Aleutian positions would be considerably more difficult than had the American offensive against South Pacific Guadalcanal.

A naval communique said that the continuing raids, made by Liberator and Mitchell bombers and Warhawk and Lightning fighters scored damaging results on the main camp area and runway on Kiska.

### MASSACRE:

#### Japs Ape Nazis

Employing the same terroristic technique that their Nazi partners had used in massacring the inhabitants of Lidice, Czechoslovakia, Jap troops slaughtered every man, woman and child in the coastal areas of China where many of Maj. Gen. James H. Doolittle's fliers had landed after the bombing of Tokyo.

This latest sequel to the Japs' execution of some of the American fliers captured after the raid was related by Secretary of the Treasury Morgenthau, in an address in San Francisco.

Reports covering the Chinese "Lidice" were received from Generalissimo Chiang Kai-shek, who declared that the Japs had reproduced on a wholesale scale the horrors which the Nazis had inflicted in Czechoslovakia.

### BOOM:

#### Postwar View Bright

A potential era of "unparalleled prosperity" faces the United States as soon as the war ends, the department of commerce reported.

"The major potentials," the report said, "will be present the day after victory is won—employment on an unprecedentedly high level, the time, national income at a peak with a large accumulated savings goods denied to the consumer by the war's exactions."

One "big problem," the department asserted, is to prepare now to manage these factors as to translate potentials into realities, adding that this is "primarily the job of private enterprise, aided and supported by government."

### TEEN-AGE:

#### Workers Aid War

More than 3,000,000 boys and girls between 14 and 18 years of age will hold full or part-time jobs this summer, Katherine Lenroot, chief of the Children's Bureau of the department of labor, said.

Miss Lenroot urged local communities to protect the health of boys and girls of high school age who are combining school with part-time jobs, working through vacation, or attending full-time jobs.

## TO YOUR Good Health

by DR. JAMES W. BARTON  
Released by Western Newspaper Union.

### HEAD INJURIES

For a number of years I treated all the injured athletic students of a large university. Fortunately, most of the injuries were cuts, bruises, dislocations and occasional fractures, with not infrequent head injuries causing unconsciousness. For many years also I treated all the injured amateur and professional boxers and wrestlers in which head injuries were not uncommon. While most cases of head concussion recovered consciousness in minutes and often seconds, I often wondered if I made them take sufficient rest before resuming athletic activities.

Dr. Barton

This whole question of how soon after a blow that has caused unconsciousness, the patient should resume his regular occupation, has been studied by Dr. H. Cairns: some of his findings are recorded in the Proceedings of the Royal Society of Medicine.

"In deciding when a patient should be fit to return to work, it is necessary to bear in mind the severity of his injury, and the best yardstick at present available is the length of time he was unconscious after the injury. The shortest time in which ability to carry out full work may be expected to return is as follows:

"If unconscious for five minutes to one hour—four to six weeks.

"If unconscious one to 24 hours—six to eight weeks.

"If unconscious one to seven days—two to four months.

"If unconscious over seven days—four to eight months.

"If patient was very tired when injured, more time should be given.

The type of work must also be considered as a simple task may be resumed earlier than one which calls for much brain effort.

"Almost every patient who makes a full recovery from concussion suffers at a certain stage of his recovery from headaches. In mild cases headaches usually occur early and disappear, whereas in more severe cases headaches appear much later, in fact after patient is well enough to return home though not to work."

## America Becoming Near-Sighted Nation

There was a time when a man or woman wearing glasses was thought to be a student or one who did a great deal of reading. Glasses were almost a badge of scholarship. It was a rare thing to see a child with glasses and many wearing glasses were doing so to correct a squint or crossed eye.

Within the last 20 years there has been a great increase in the number of men and women wearing glasses and glasses on school children no longer attract attention.

Most of us will likely attribute this increase in the number wearing glasses to the examination of the eyes of school children and to the education by departments of health of the importance of having the vision corrected in those afflicted with shortsightedness, longsightedness and astigmatism (objects not seen distinctly). The last war also taught the value of acquiring proper glasses as many men were rejected for poor eyesight.

However, we learn from the Better Vision Institute in one of their monthly releases that America is becoming a nearsighted nation. Every 10 years the figures show that vision is becoming narrower and human eyes, which from the beginning of history had been adapted to far vision, have now their sharpest vision when fixed on near objects not very far from the end of the nose.

What is causing the population to become nearsighted?

Some research workers on the eye state that (a) living conditions today finds man looking at "near" objects instead of "far" or distant objects, and (b) nearsightedness seems to be handed down from parents to their children.

Today, education has become almost universal and children start to read at an early age. Occupations are indoors for the most part and modern living conditions require almost continuous close vision.

We should, therefore, be kind to our eyes, and if our eyes need help make sure that they get help, and the right kind of help.

### QUESTION BOX

Q.—What is the best kind of deodorant to use to overcome under-odorant?

A.—Deodorants containing formaldehyde or aluminum give good results. X-ray is used in severe cases.

Q.—What, other than high blood pressure, could cause cerebral hemorrhage?

A.—Cerebral hemorrhage may be caused by an injury to the brain that would cause rupture of blood vessels.

## Washington Digest

### U. S. Army Is 'On Alert' For Chemical Warfare

Many Developments in Gas Warfare Date From World War I; America Thought to Have Greatest Potential Gas Offensive.

By BAUKHAGE

News Analyst and Commentator.

WNU Service, Union Trust Building, Washington, D. C.

Some days ago the British short wave radio, beamed on Germany, was telling the German people, who dared to listen to the forbidden words, that if their armies used gas against the Russians, the British would retaliate and paralyze the German cities with gas bombs from the air. Just about that same hour, I was entering the Army and Navy club in Washington with a short, vigorous, bright-eyed general, whose mental agility makes up for his lack of length. It was no coincidence. I was there to learn something more about chemical warfare and I knew of no better way than to pump Brig. Gen. Alden H. Waitt of the chemical warfare service and whose book "Gas Warfare" has sold out twice in Washington book stores.

There was, however, a coincidence connected with that visit, for as we walked into the great, crowded din-



Soldiers stationed at Camp San Luis Obispo, Calif., outfitted with new type training gas masks.

ing room of the club, Waitt paused to speak to a gray-haired man in civilian clothes with a ribbon in his buttonhole. I recognized a once-familiar figure—Amos Fries, first general of the chemical warfare service. He, of course, is retired now.

I recalled that shortly after the First World War, the activities of General Fries got under some people's skins. He was a hyper-enthusiast over his specialty, and in the reaction against all things military which comes after a war, the cynics used to joke about the stenographer who transcribed her symbols so that a letter was sent addressed to the "comical" warfare service.

### New Emphasis

But Fries persisted and managed to preserve his unit in a tight little independent group instead of having its activities scattered all over the other services. As far as the public goes, very little attention has been paid to this arm of our military offense and defense. It may, however, become very prominent before the war is over and some people say that day is "imminent."

If gas comes, the United States will be prepared for it. From an organization with 94 officers in the thirties, the chemical warfare service has grown until its officer personnel numbers "many thousands" (I can't reveal the figure) and many of them are with combat troops today where they are responsible for the use of smoke screens and for incendiaries—the fire bombs and the flame throwers.

I have witnessed demonstrations at the Edgewood arsenal near Baltimore, and although I cannot report the details, I can say that some of the effects were remarkable. You ought to see a steel tank or a concrete pillbox go up in flames when it is "lighted" by a flame thrower. It is unbelievable to watch.

There have been, of course, many developments in this little-discussed weapon of warfare since gas was first used in World War I by the Germans and used so successfully and yet so stupidly. The attack took the British and French colonial troops utterly by surprise and caused what amounted to a rout. If they had followed the sense to follow it up, they could have broken through the lines and reached Calais.

## BRIEFS . . . by Baukhage

Polish saboteurs killed or wounded 434 Nazis, damaged 17 German trains and destroyed seven oil wells within one month.

The famous German military magazine, Militaerwocheblatt, has suspended after 137 weeks.

A farmer who sells his meat and fat products now must collect for the sale.

If you are having



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E. A. HAMILTON

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(Distributed by Williams & Miller Co.)

## Got Something You Want to Sell?

Most people have a piece of furniture, a farm implement, or something else which they have discarded and which they no longer want.

These things are put in the store, or stored away in the barn, or left lying about, gathering dust and losing value with time.

## WHY NOT SELL THEM?

By putting a sign up in this newspaper

you can get rid of them quickly and at a profit.

## PATTERNS SEWING CIRCLE



8207-C  
3-8 yrs.



8368  
10-20

### Her Own Bolero

IT'S true, not every little girl can boast a bolero dress of her own! This one is something very special with its heart-shaped neck, huge pockets and bow-tied belt. The bolero itself might be worn with other dresses.

Pattern No. 8207-C is in sizes 3, 4, 5, 6, 7 and 8 years. Size 4 bolero and dress take 2 1/2 yards 30-inch material; 4 yards rick-rack.

## HOUSEHOLD HINTS

Stirring air into hot food during cooking or sieving increases vitamin destruction by oxidation.

Since crisp cookies and crackers soften if kept with bread and cake, keep them in airtight tins or boxes of their own.

The best coat linings are made of slippery material which will help to get the coat on and off easily.

Do not wash eggs before putting them on ice as washing destroys the protective film that keeps out odors and air.

A common clothespin, split in half makes two ideal and economical pan scrapers which do not rust or scratch enamelware or precious aluminum.

If your time is limited cut the vegetables into smaller pieces than usual; they will cook more quickly.

Children are more apt to like helping with the family work if they are also permitted to help with the planning of the work.

It's handy to have someone hold the skein of yarn on outstretched arms while you wind it into a ball. But if no one is present to perform this service for you, simply slip the skein over the lamp shade, loosen the top screw, and wind away. The shade will turn as you wind.

When armored knights met, it was customary for each knight to raise the visor of his helmet as a means of identification. This gesture has come down through all centuries in the form of the salute. Traditional, too, is the Army man's preference for Camel cigarettes. With men in the Army, Navy, Marines, and Coast Guard, actual service records in their service show that Camel is the favorite. It's one of the favorite gifts with service men. And though there are Post Office restrictions on packages to overseas Army men, you can still send Camels to soldiers in the U. S., and to men in the Navy, Marines, and Coast Guard wherever they are—Ade.

Width Whittler  
HERE is a real irresistible—a beautifully cut princess that whittles your width down to the minimum. It has such charm, too, with its neck-to-hem parade of bright rick-rack. Many a girl won't be able to put it down once she starts sewing on it! Sew and Save.

Pattern No. 8368 is in sizes 10, 12, 14, 16, 18 and 20. Size 12 takes, with short sleeves, 3 3/4 yards 30-inch material; 12 yards rick-rack trimming.

Due to an unusually large demand and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers.

Send your order to:

SEWING CIRCLE PATTERN DEPT.  
530 South Wells St. Chicago.

Room 1958

Enclose 20 cents in coins for each pattern desired.

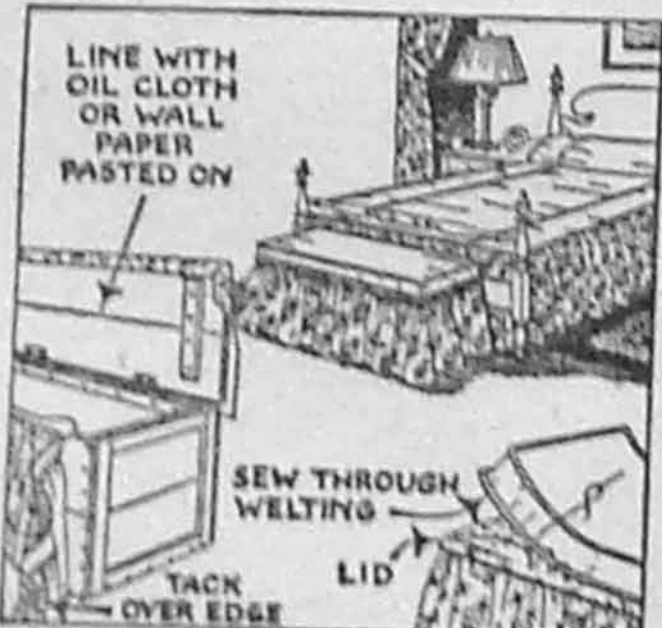
Pattern No. .... Size .....

Name .....

Address .....

## ON THE HOME FRONT

with RUTH WYETH SPEARS



A SMARTLY flounced blanket chest with contrasting cushion serves as a convenient seat; and extra covers are right at hand on chilly nights.

Plan the size of your chest to fill your needs and space. It may be made of one-inch pine and should be about 17 inches high without the cushion. Make the flounce with double fullness—that is, twice as long as the space it is to fill after it is gathered. The

### Awkwardness

Awkwardness is a more real disadvantage than it is generally thought to be; it often occasions ridicule, and always lessens dignity.—Chesterfield.

## ASK ME ANOTHER?

A quiz with answers offering information on various subjects

### The Questions

1. What is the approximate weight of the average incendiary bomb?
2. Which is lighter, a steel ship or a wooden one of equal dimensions?
3. What is an apostate?
4. What is a will-o-the-wisp?
5. What is a chinook?
6. What two large cities in the United States, one on the East coast and the other on the West coast, have the same name?
7. What is a foot-pound?
8. What does nadir mean?
9. In what countries are rattlesnakes found?
10. What cruiser is called the "one-man fleet"?

### The Answers

1. Two pounds.
2. Steel ship.
3. A renegade.
4. A mysterious light that appears above marshes or stagnant waters.
5. A wind.
6. Portland, Maine, and Portland, Oregon.
7. The energy required to lift one pound to the height of one foot.
8. The lowest point.

### Fight the Forgery Racket!

By FRANK J. WILSON  
Chief, United States Secret Service

DO YOU receive checks from the United States government? If you do, then look out for the pen-and-paper pirate—the check forger!

Millions of government checks are sent to dependents of men in the army and navy of the United States. Millions of checks are sent to people who receive social security benefits. Whenever one of these checks is dropped in your mail box by your mail carrier, it presents an opportunity for a check thief to steal it. When that happens, it may be months before the government can send you another check to replace the one which was stolen.

The United States secret service, a branch of the treasury department, wants to put the check thief and the forger out of business. If you will help yourself, you will keep the crook from helping himself to your check.

Put a good lock on your mail box, if it does not already have one. A lock may prevent a loss. Have your name printed clearly on the box.

cushion may be filled with cotton padding, feathers or down.

NOTE—Mrs. Spears has prepared a sheet 17 by 22 inches, giving step-by-step working drawings and a complete list of lumber, hardware and fabric needed. The lady of the house can spend some happy evenings working with Young Son and Dad on this interesting project. Ask for Design 259 and enclose 15 cents. Send your order to:

MRS. RUTH WYETH SPEARS  
Bedford Hills, New York

Enclose 15 cents for Design No. 259.

Name .....

Address .....

### Youth Took Lesson to Heart With Feet Down!

"Charles," said the sharp-voiced woman to her husband on the train, "don't you remember it was a pair of slippers I presented to you the Christmas before we were married that led to our marriage? You remember how nicely they fitted, don't you? Well, Charles, one day when we were going to a picnic, you had your feet on a seat, and when you weren't looking I took your measure. But for that pair of slippers I don't believe we'd ever been married."

A young man sitting opposite with a girl, immediately removed his feet from the seat.

## NO ASPIRIN FASTER

than genuine, pure St. Joseph's Aspirin. World's largest seller at 10¢. None safer, none surer. Demand St. Joseph's Aspirin.

Knowing No Evil  
They that know no evil will suspect none.—Ben Jonson.

## TABASCO

The snappiest seasoning known, and the world's most widely distributed food product! A dash of this piquant sauce gives a rare flavor to any food. TABASCO—the seasoning secret of master chefs for more than 75 years!

## SHAVE with SHELBY

AND  
Feel the Difference

SHARPER  
BECAUSE  
THEY'RE  
1/2 THINNER

double edge  
or single edge

4 for 10¢

Manufactured and guaranteed by  
Federal Razor Blade Co., N. Y.

## SAVE WITH CEREALS

any time of day!

★ Let cereals help you solve your wartime meal-planning problems. Use them often... for breakfast, lunch or supper... to save time—work—fuel—other foods!



## The "SELF-STARTER" Breakfast

Kellogg's Corn Flakes are re-stored to WHOLE GRAIN NUTRITIVE VALUES of Thiamin (Vitamin B1), Nicotin and Iron.



## WOMAN IN THE WAR!

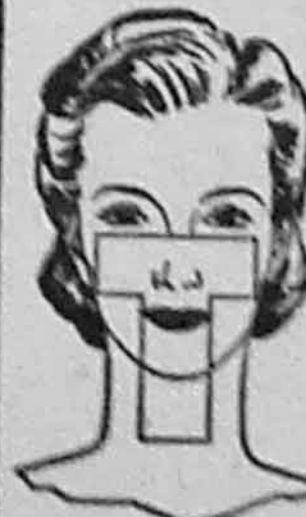
Virginia Donnelly, who makes filaments for radio tubes in Army communication sets at a Westinghouse Electric and Manufacturing Company plant.

CAMELS  
DON'T TIRE  
MY TASTE...  
THEY'RE ALWAYS  
EASY ON MY  
THROAT... IN  
FACT, THEY  
SUIT ME TO A  
'T'

## THE "T-ZONE"

—WHERE CIGARETTES ARE JUDGED

The "T-ZONE"—Taste and Throat—is the proving ground for cigarettes. Only your taste and throat can decide which cigarette tastes best to you... and how it affects your throat. Based on the experience of millions of smokers, we believe Camels will suit your "T-ZONE" to a "T." Prove it for yourself!



# Camel

